



“There is still a world to gain”

Max Dummer used to help out in his parents' bicycle shop. He even made a name for himself as an amateur cyclist. But eventually he took up the study of Health, Medicine and Life Sciences. At the Anton Jurgens Institute he lifted his game an extra notch.

In 2007 he received a bachelor degree in Health Sciences at the University of Maastricht; a major in Bioregulation and a minor in Movement Sciences. And Max had time for other activities. “I spent up to a hundred and twenty hours every month working in local restaurants, first washing dishes and later as a chef in the cold kitchen. He did enjoy his study at the University of Maastricht. “I worked at a very interesting bachelor thesis project on bone health in relation to protein intake.” However, something was missing. “I thought the university focussed on research too much and I missed the consumer orientation.” But Max did not waste much time staring at the gaping void between theory and practice. At a career's fair in Utrecht he found himself at the Anton Jurgens Institute stand. “I didn't know them, but we clicked. Especially their practice oriented way of working appealed to me. That's why I started with the Master course in 2007.”

Open doors

Thanks to a fellow Master's student, Cargill opened its doors for him as well. Since February 2008 he has been on a one-year traineeship with the European Research & Development Centre in Vilvoorde (Belgium). At the department of Nutrition & Health he is looking into 'functional food ingredients'. This means he is trying to find the answer to the question: how can food support specific health functions by adding natural or synthetic substances to it? Max: “There is still a world to gain there. For example, with the issue of overweight in mind, you could try to find out how added substances can reduce hunger sensation.”

Expanding network

The combination of the Anton Jurgens Institute Master course and his traineeship really work for him. “I find it easier to make connections between research and



business. We are now 5 months in the MBA programme and have had 3 course weeks. I feel as if I have learned as much as in three years at university. Moreover, my network is expanding faster. Another advantage of being at the Anton Jurgens Institute is that there are people from many different areas of expertise - from marketing and genomics to process technology. I can learn something from all of them.

Anton Jurgens Institute

Onderwijsboulevard 219
5223 DE 's-Hertogenbosch
the Netherlands
T: +31 (0) 73 692 37 98
E: info@antonjurgens.nl
I : www.antonjurgens.nl